

What is claimed is:

1. A holster, comprising:
 - a. a planar member;
 - b. a holding member coupled to the planar member;
 - 5 c. a retaining member extending from the holding member towards the planar member, such that the planar member, holding member and retaining member form a closed loop; and
 - d. a means for creating friction coupled to the retaining member;
 wherein the planar member is preloaded so as to exert force against the retaining member.
- 10 2. The holster of claim 1, wherein the planar member is curved so as to accommodate a user's torso.
3. The holster of claim 1, wherein the planar member is coupled to the holding member by at least one fastener, wherein the at least one fastener is selected from the group
 - 15 consisting of screws, rivets, glues, hot melt joints, welds, adhesives, stitching, and epoxies.
4. The holster of claim 3, wherein the holding member is formed from a single piece of material folded in a U-shape so as to accommodate a firearm.
5. The holster of claim 4, wherein the holding member is constructed from a material
 - 20 selected from the group consisting of plastics, styrene, ABS, polycarbonates, Kydex, leather, cloth and vinyl.
6. The holster of claim 5, wherein a curved portion of the U-shape comprises a notched aperture for accommodating a sight of the firearm.
7. The holster of claim 6, wherein an open portion of the U-shape accommodates the trigger
 - 25 guard of the firearm.
8. The holster of claim 7, wherein the holding member is molded such that the interior of the U-shape comprises the negative image of the firearm.
9. The holster of claim 8, wherein the open portion of the U-shape is closed by at least one fastener, wherein the at least one fastener is selected from the group consisting of screws,
 - 30 rivets, glues, hot melt joints, welds, adhesives, stitching, and epoxies.

10. The holster of claim 1, wherein the retaining member comprises at least one screw coupled to at least one screw boss.
11. The holster of claim 1, wherein the means for creating friction comprises a rubber grommet disposed about the retaining member.
- 5 12. The holster of claim 1, wherein the retaining member extends from the holding member at an angle of between 85 and 95 degrees.
13. The holster of claim 1, wherein the planar member forms a flexible cantilever arm with respect to the holding member, such that the planar member may be separated from the retaining member by actuating the cantilever arm.
- 10 14. The holster of claim 1, further comprising a latch member extending from the holding member towards the planar member.
15. The holster of claim 14, wherein the latch member extends from the holding member between $1/64^{\text{th}}$ and $1/2$ of an inch beyond the retaining member.
16. A firearm assembly, comprising:
 - 15 a. a firearm;
 - b. a holster, the holster comprising:
 - i. a planar member;
 - ii. a holding member coupled to the planar member;
 - 20 iii. a retaining member extending from the holding member towards the planar member, such that the planar member, holding member and retaining member form a closed loop; and
 - iv. a means for creating friction coupled to the retaining member;
wherein the planar member is preloaded so as to exert force against the retaining member; and
 - 25 c. a belt;
wherein the belt is positioned within the space circumscribed by the planar member, the holding member and the retaining member.
17. The firearm assembly of claim 16, wherein the holster further comprises a latch member extending from the holding member towards the planar member, wherein the latch
30 member extends from the holding member between $1/64^{\text{th}}$ and $1/2$ of an inch beyond the retaining member.